

W13 Functional Activities Worksheet: Clint

Name

Date

1. **Was the functional activity chosen appropriate for Clint?**
What observations support your answer?

2. **Which component of the task best encouraged weight shift?**

3. **When were muscles put on length during the activity?**

4. **Which component of the task best encouraged trunk rotation?**

5. **Did the functional activity incorporate any of the same movements facilitated during Preparing for Function?**
If so, which?

6. **Of the two activities you observed, which was the most meaningful for Clint?**
Which observations support your answer?

7. **What changes did you observe during or after the activity?**
(i.e., His ability to weight shift toward the involved side, trunk rotation, forward flexion, ambulation, trunk activity or upper extremity movement.)

8. **How would you modify the activity to get better results?**